

4 v 4 League Rules of Play

ROSTERS: Only NVSC registered players may participate; 6 players maximum on a roster and the roster must include a minimum of 2 male and 2 female players.

PLAYERS AND SUBSTITUTIONS: SIX is the maximum number of players on a team; four field players at one time, no goalkeeper. Substitutes may occur at any dead ball situation, but players must be called onto the field by the referee and enter and exit at the half-field mark only. Players must already be at the half-field mark when the dead ball situation first occurs to be called on.

GENDER: There must be at least one female and one male on the field at all times.

GOAL BOX: The goal box, ten feet wide by eight feet deep, is directly in front of the goal. No player may touch the ball within the goal box, however any player may move through the goal box. Any part of the ball or player's body on the line is considered in the goal box; the player is an extension of the box. An **INFRACTION** occurs if a defender touches the ball in the goal box, a *penalty kick* is awarded to the offensive team. If an offensive player touches the ball within the goal box, a goal kick is awarded to the defensive team. Habitual touches in the goal box **MAY** result with a Yellow Card given to the offending party. If the ball comes to a complete stop in the goal box, regardless of which

team touched it last, a goal kick is awarded to the defensive team. The goals are approximately 4 feet high by 6 feet wide.

GAME DURATION: The game shall consist of two 12 minute halves separated by a two minute halftime, OR the game ends when a team reaches a 10 goal lead.

PLAYOFF OVERTIME: *For FINALS, TEAMS WILL HAVE A 3 MINUTE "GOLDEN GOAL" OVERTIME PERIOD.* If the score is still tied, the winner is decided by shootout with the 4 players on the field at the end of golden goal period.

GOAL SCORING: A goal may be scored from a touch on the offensive half on the playing field.

SCORING : 3 points for a win; 1 point for a tie and 0 points for a loss. *FORFEITS:* A forfeit is scored as 3-0

TIEBREAKERS: In preliminary play, ties between two or more teams will be broken by; 1) head to head results between tied teams (2 teams only); 2) goal difference in play; 3) fewest goals against; 4) goals scored. If teams are still tied after all tiebreakers the system will automatically break the tie by system generated coin flip.

NO OFFSIDES, NO SLIDE TACKLING, NO HEADING, NO THROW-INS

HEADING: When a player deliberately heads the ball in a game, an indirect free kick (IFK) should be awarded to the opposing team from the spot of the offense.

FIVE YARD RULE: In all dead ball situations, defending players must stand five yards away from the ball. If the defensive player's goal area is closer than five yards, the ball is placed five yards from the goal area in line with the place of the penalty.

KICK-INS: The ball shall be kicked in to play from the sideline instead of thrown in.

INDIRECT KICKS: All dead ball kicks (kick-ins, free kicks, kick-offs) are indirect except corner and penalty kicks.

GOAL KICKS: May be taken from any point on the end line, and not in the goal box area.

KICK OFF: May be taken in any direction.

PENALTY KICKS: Shall be awarded if, in the referee's opinion, a scoring opportunity was nullified by the infraction. It is a direct kick taken from the top of the center circle (15ft. line) on the offensive side of the midfield line with all other players behind the midfield line. If a goal is not scored, the defense obtains possession with a goal kick. Penalty kicks are *not* live balls.

PLAYER/BENCH PERSONNEL EJECTION (YELLOW/RED CARD): Referees have the right to dismiss a player OR bench

personnel from the game for continual disobedience or as a result of an incident that warrants sending off. RED CARD suspension = Rest of game PLUS next game. Tournament Director may dismiss player or bench personnel for the rest of the tournament. (Teams still play with 3 on the field) A team official guilty of misconduct will be shown a YC (caution) or RC (sending off)*; if the offender cannot be identified, the senior coach who is in the technical area at the time will receive the YC/RC

SPORTSMANSHIP: Players, coaches and spectators are expected to act in the nature of good sportsmanship at all times. Abuse of the referees will not be tolerated. Any instance of such conduct will disqualify the responsible team from the event.

FORFEITS: A forfeit shall be scored as 3-0.

SITUATIONS THAT THESE RULES DO NOT ADDRESS ARE THE DECISION OF THE TOURNAMENT DIRECTOR.